

Williamsville East boys track wins big over South

Williamsville East's boys outdoor track team has many strong athletes coming of age this spring while the Williamsville South team is in rebuilding mode. The result was a lopsided 100-41 home win for East on Thursday, April 19.

East had five athletes score points in all four of their events.

Senior Andy Heim won the high jump, long jump and the 200-meters, and was third in the 100. Co-captain Greg French won the 110 hurdles, 400, triple jump, and anchored the winning 1600 relay. Simon Park was second in the 100 and 110 hurdles, third in the 200, and anchored the winning 400 relay team. Co-captain Zinan Cheng won the 100, was second in the long and triple jumps, and had the fastest split in the 400 relay. Sophomore Dan Egan was second in the 400 hurdles, third in the 110 hurdles and long jump, and ran very well in the victorious 400 relay.

Scoring points in three events were junior Colin Begy, who won the 800 and ran exceptionally strong in the 3200 and 1600 relays, sophomore Max Fogel, who ran to personal bests in the 3200 and 1600 relays, and was third in the 1600 and senior Matt Stabel, who placed second in the 400 and high jump, and led off the winning 1600 relay.

Double point scorers for the Flames were senior Mike Alcazaren (first in shot put and discus), sophomore Scott Ryan (first in 3200, second in 1600), co-captain Andy McDonald (first in 1600, third in 800), co-captain Matt Pawlicki (strong leg in 3200 relay, third in discus), senior Sean Lanighan, (first in 400 hurdles, anchored 3200 relay), and senior Rocco DelGrosso (second in shot, third in discus).

On Saturday, April 21 several ambitious East athletes traveled to Batavia for a unique track and field invitational that scheduled athletes to contest only in the steeplechase, the five-event pentathlon, and the race walk.

Top finishers for East were French (fifth in pentathlon), Heim (11th in his first ever pentathlon), and Fogel and McDonald, who finished seventh and 17th, respectively in their first attempts at the very challenging steeplechase.

Talented athletes from the girls team were senior Nicole Marple and sophomore Emma Hahn, who finished seventh and 14th, respectively, in the race walk.

Amherst Central girls The Lady Tigers were defeated by Iroquois, 77-64 on Thursday, April 19.

Sarah Lister won the 400 hurdles in 1:11.30. Allison Rogers was a double winner, placing first in the 100 (13.5) and 200 (26.2). Olivia May and Victoria Sosnowski took first and second in the triple jump with jumps of 30-7 and 28-9½, respectively.

Amherst's 4x100 team of Stephine Woods, Nasya Watson, Ariella Korn, and Allison Rogers broke its personal best time with a 52.9, and the 4x800 team of Arielle Januszkiewicz, Lister, Celia Alterio, and Brenna Symoniak took first in 11:09.1.

Sweet Home girls

At the ECC Legend Relays, Megan Niblock won the steeplechase in 7:48, and the long jump relay of Glenisha Ferby (14-6) and Larri Phelps (13-8) placed third.