



View from the Couch

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The groundhog tells us spring is coming early...yeah right, in Western New York?! But as indoor season is concluding, Mother Nature show signs of losing her wintery grip and thoughts of Easter break, spring theater productions, proms and outdoor track & field begin to fill our thoughts.

We've enjoyed the indoor season (which is nothing more than keeping in shape for outdoor) but warm weather makes the competition that much sweeter. So why is outdoor that much better than the indoor season? To borrow, a line from David Letterman, here's this weeks Top Ten List why outdoor track is better than indoor track:

10. Getting dizzy running around a 160m track
9. Shot putters are beginning to throw through the wall
8. Pole vaulters need unlimited ceiling to set new section records
7. Sitting in the Fredonia pool area is making my fingers all wrinkly
6. Sprinters are running out of creative ways of stopping against padded walls
5. Tired of that clown from Section6Runs shooting that flash off in my eyes during my event
4. Others athletes aren't enough competition, I need Mother Nature's best to make it a real challenge
3. Can't work on my tan indoors
2. Long and triple jumpers are beginning to smell like old tires from jumping in the rubber pit at Lancaster

...and finally the number one reason why outdoor track is better than indoor...

1. **It's that much closer to the end of the school year!**