GRAND ISLAND CROSS COUNTRY INVITE 2

WHEN: *Saturday October 22, 2011*

WHERE: *VETERAN'S PARK, GRAND ISLAND (next to the GI Library)*

TIME: *2:00PM* (SEE ATTACHED SCHEDULE)*

COURSE: *5,000m (flat, grass, slight incline, loop course)*

ENTRIES: *RETURN ATTACHED CONFIRMATION TO PARTICIPATE*

(You will be e-mailed information for entry into the meet.)

COACHES MEETING: *1:30PM*****

	TIME	***RACE LEVEL***		***DISTANCE***	***IND. AWARDS***
RACES:	*2:00PM*	*BOYS*	*7/8*	*(2 MILES)*	*1-15*
	2:15PM	*GIRLS*	*7/8*	*(2 MILES)*	*1-15*
	2:30PM	*JV BOYS (UNLIMITED)*		*5K*	*1-20*
	3:00PM	*JV GIRLS (UNLIMITED)*		*5K*	*1-20*
	3:30PM	*VARSITY BOYS (7 MAX)*		*5K*	*1-25*
	4:00PM	*VARSITY GIRLS (7 MAX)*		*5K*	*1-25*

NOTE: RACE TIMES WILL BE MOVED UP IF PREVIOUS RACE COMPLETED

TEAM AWARDS: *1ST - 3 PLACE VARSITY; 1ST & 2nd PLACE 7/8 1st*

FACILITIES: *NO CHANGING AREA OR SHOWERS, LAVS AVAILABLE CONCESSION STAND W/FOOD BEVERAGES AND SOUVENIR SHIRTS/ HATS.*

FEE: ***$****90.00 per school. ($20.00 per individual) Make Check payable to:*

"Grand Island Track Club",

Grand Island HS, Athletic Dept. 1100 Ransom Rd., Grand Island, NY 14072

SCORING: *We will score all Varsity and JV races with the computer. We need your complete HS roster submitted to girunner.com by October 15, 2010. 7/8 grade Races will be scored with the old Card System-no displacement.*

GRAND ISLAND INVITATIONAL

CONFIRMATION ENTRY FORM

Please complete this form and return by <u>September 30th</u> to: Don Sauer; Grand Island Athletic Dept., 1100 Ransom Road, Grand Island, NY 14072

FAX: 773-3399 or e-mail to: kathleentim@k12.ginet.org

We plan to attend ___ not this year, keep us in mind for next year _____

School Name: _____

School Address: _____

School Tel: # _____ School Fax # _____

Coach Name: _____

Coach Tel: (School) _____ (Home or Cell) _____

Coach e-mail: _____

DEADLINE FOR e-mail ENTRIES: FRIDAY October 14, 2011 6:00PM
ROSTERS WILL BE SUBMITTED TO GIRUNNER.COM (follow prompts).

Please indicate the approximate # of athletes you plan to enter in each race. (This is so we can assign #'s)

7/8 RACE	***(Unlimited)***	***Boys _____***	***Girls _____***
JV RACE	***(Unlimited)***	***Boys _____***	***Girls _____***
Varsity	***(max 7)***	***Boys _____***	***Girls _____***

JV Race unlimited entries-no displacement. Varsity races limited to 7 entries. (You must enter 7 runners in the Varsity races to score in the JV race.)

Total Fee Due: $90.00 per school

RACE SCHEDULE AND AWARDS

COACHES MEETING: 1:30PM

TIME	***RACE LEVEL***	***DISTANCE***	***IND. AWARDS***
2:00PM	***BOYS 7/8***	***(2 MILES)***	***1-15***
2:15PM	***GIRLS 7/8***	***(2 MILES)***	***1-15***
2:30PM	***JV BOYS (UNLIMITED)***	***5K***	***1-20***
3:00PM	***JV GIRLS (UNLIMITED)***	***5K***	***1-20***
3:30PM	***VARSITY BOYS (7 MAX)***	***5K***	***1-25***
4:00PM	***VARSITY GIRLS (7 MAX)***	***5K***	***1-25***

Team Awards: Varsity 1-3, JV 1 – 2, 7/8 1st

Fastest Runner Award for Boy & Girl winners

Important Entry Deadlines

Entry Declaration Friday September 30, 2011

Submit Roster by e-mail Friday October 14, 2011
E-mail: girunner.com

Entry Fee Friday October 14, 2011