

THE 2011 ALL-CCAA X-COUNTRY TEAM

LARGE SCHOOLS

RUNNER OF THE YEAR

Szukala, Josh	12 Fredonia	Reyda, Lauren	9 Fredonia
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FIRST TEAM

Brown, Jacob	11 Fredonia	Holmburg, Kristen	10 Falconer
Crise, Alex	12 Fredonia	Kent, Emily	11 Southwestern
Edborg, Christian	9 Jamestown	Kulakowski, Haley	12 Jamestown
Hetrick, Ryan	8 Southwestern	Murphy, Shannon	12 Falconer
Mancino, Chaz	12 Fredonia	Tramuta, Michaela	10 Fredonia
Nielson, Taylor	12 Gowanda	Zabrodsky, Olivia	11 Jamestown
Panus, John	11 Olean	Zebracki, Meredith	9 Fredonia

SECOND TEAM

Aldana, Jonas	12 Gowanda	Campaign, Brittany	11 Fredonia
Armstrong, Paul	11 Southwestern	Kowalski, Jillian	9 Fredonia
Capestrani, Michael	11 Jamestown	Langworthy, Maitland	8 Fredonia
Dudek, Mark	12 Fredonia	Micek, Amber	7 Falconer
Johnson, Jordan	11 Jamestown	Saff, Katie	12 Falconer
Saff, Mike	12 Falconer	Stang, Katie	12 Gowanda
Walsh, Patrick	9 Jamestown	Steward, Colleen	9 Gowanda

HONORABLE MENTION

Cihak, Jake	9 Olean	Ferguson, Anna	12 Southwestern
Glasier, Alex	12 Fredonia	Grubbs, Sarah	10 Gowanda
Hinsdale, Jacob	10 Southwestern	Gullo, Cori	7 Fredonia
Middleton, Jesse	10 Falconer	Kolodziejski, Alyssa	11 Olean
Mueller, Peter	12 Southwestern	Manno, Joy	7 Falconer
Murphy, Shane	12 Fredonia	Minard, Alexa	10 Olean
Norris, Brandon	11 Falconer	O'Boyle, Andrea	10 Southwestern
Powers, Jordan	10 Southwestern	Omicioli, Elizabeth	10 Gowanda
Shaw, Johnny	10 Gowanda	Perkins, Alexandra	11 Jamestown
Smith, Cole	10 Gowanda	Vicary, Erica	10 Falconer

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SMALL SCHOOLS

RUNNER OF THE YEAR

Wefing, Corey	10 Maple Grove	Pietrocarlo, Hope	8 Maple Grove
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FIRST TEAM

Boland, Jordan	10 Sherman	Benson, Caroline	10 Maple Grove
Cala, Peter	11 Maple Grove	Benson, Katelyn	12 Maple Grove
Carpenter, Ryan	10 Sherman	Eliason, Holly	10 Sherman
Green, Colin	11 Maple Grove	Marsh, Megan	8 Maple Grove
Leinhart, Hunter	11 Randolph	Norris, Taylor	10 Maple Grove
Nelson, Matt	11 Maple Grove	Seiders, Hannah	8 Silver Creek
Thompson, Shawn	12 Maple Grove	Stroud, Alyssa	11 All/Limestone

SECOND TEAM

Fagan, Michael	12 Franklinville	Damcott, Nicole	12 Sherman
Frangione, Jacob	10 Frewsburg	King, Rebecca	8 Sherman
Gleason, Trevor	10 Sherman	Krempa, Stephanie	11 Maple Grove
Sardi, Christian	11 Frewsburg	Pleakis, Kylie	9 All/Limestone
Stahlsmith, Zachary	12 Frewsburg	Smith, Chelsea	11 Frewsburg
Zuroski, Frank	8 Maple Grove	Stady, Sam	12 All/Limestone
Zuroski, Nick	11 Maple Grove	Vincent, Kelly	11 Randolph

HONORABLE MENTION

Ahlstrom, Josh	11 Maple Grove	Adams, Sarah	8 Silver Creek
Dedrick, Jeff	11 All/Limestone	Carnahan, Ericka	10 Randolph
Einfeldt, Garrett	10 Ripley	Carnahan, Rhiannon	12 Randolph
Haick, James	11 Frewsburg	Hodgkin, Shannon	12 Frewsburg
Ormond, Chaz	12 Frewsburg	Kehrer, Bethany	12 Silver Creek
Rhodes, Blake	11 Frewsburg	Knight, Morgan	11 Frewsburg
Shaw-Brougham, Peter	12 Randolph	Pacy, Katie	7 Sherman
Skeates, Jeff	12 Frewsburg	Rogosinski, Alyssa	12 Franklinville
Stady, Andrew	10 All/Limestone	Ruffner, Sara	12 All/Limestone
Wintermantel, Sam	11 All/Limestone	White, Katie	9 Sherman