

May 3, 2011

## Girls Track Outlook: Frontier braves storm

---

By **Mary Jo Monnin**  
News Sports Reporter

Frontier's Mark Privateer is looking like the smartest coach in Section VI. His team didn't make its season debut until Saturday's Olean Invitational. Talk about knowing when to come in from out of the rain.

"We loaded the back half of our schedule in order to get some better weather in," he said. "I just feel we never get any quality times in those early April meets, and kids tend to be more likely to get injured, especially the sprinters."

Frontier has won ECIC I the last three years, going 15-0. The Falcons hope their success in the 4x800 relay indoors carries over to outdoor season.

The foursome of senior Rebecca Love, junior Shannon Dalton, junior Emily Krasinski and senior Renae Sweeney combined for an indoor Section VI record 9:30.75. Krasinski is among the top 800-meter runners in the Section.

Love and Laura Hintermeier are the team's top 1,500/3,000m runners. Rylie Bean has been the team's top sprinter for the last five seasons. Rachel Stoklosa is a Section VI title contender in the jumps.



### Fields takes on the 400

---

Baylor-bound Ashley Fields of Amherst, the defending state champion in the 200-meter dash, is trying her hand in the 400 this season. Mark Mullville / Buffalo News file photo

Always looking for ways to challenge herself, Ashley Fields has found the open 400 meters. The Amherst senior, who has signed with Baylor University, is adding to an already impressive resume that includes the New York State record in the 200 meters and multiple Section VI titles and records in the sprints.

"She's an unbelievable 400 runner, she's never concentrated on it before," said coach Dan Tryon. "We want to see her open the playbook a little more and see her be more versatile. She'll still run the 100 and 200, but when she goes on to Baylor, you never know."

In just her third 400 race, Fields ran a 57.54, currently the fastest time in WNY. Chances are she's aiming for her good friend Kala Allen's 2009 Section VI record of 54.61.

Tryon said Field's long legs and stride should make the transition to the 400 easier. He said Fields spent the offseason doing more weight training to get stronger and help prevent injury.

"She hasn't even tapped into what she can do," said Tryon. "She tried the long jump and was doing 17-5 without even practicing. This girl is pretty special."

Fields is the defending Section VI champion in the sprints. Here's the other girls who will look to repeat at Jamestown's Strider Field on June 3-4.

**Division I:** 100/200: Fields-12 (Amherst). 400: Kala Allen-11 (Williamsville East). 800: Abbie Benson (Iroquois). 100 hurdles: Kailyn Arcury-11 (Williamsville South). 400 hurdles: Sarah Loud-11 (Williamsville North). Triple/high jumps: Stephanie Izard (Sweet Home). Pole Vault: Megann Kaiser (Clarence). High jump: Danielle Anderson-12 (Jamestown).

**Division II:** 100: Mallory Clark-12 (Allegheny-Limestone). 800: Marta McLaughlin (East Aurora). 400 hurdles: Shantell Nichols-11 (Clymer). Steeplechase: Shannon Murphy-11 (Falconer). Triple/high/high jumps: Mikayla Pearce-11 (Maryvale). Pole vault: Kelly Truppo (Alden). Pentathlon: Leanne Johnson-12 (Falconer).

## Girls on the run

---

West Seneca West has three girls that have received athletic/academic scholarships to college. Chelsea Needham has signed with Siena to run cross country. Mary Janak will run all three sports at Seton Hill, a Division II school outside of Pittsburgh. Academically, Needham and Hill are ranked 2-3 in the West senior class.

Victoria Loungo is going to Lafayette of the Patriot League.

The Indians graduated just two seniors from last year's team that went 5-0 to win ECIC II. This year's team is deep with 10 seniors on a roster of 45.

Senior Rebecca Hildebrand looks to go undefeated in ECIC II again in the throws.

East Aurora may not have an indoor program, but don't look for that to slow the Blue Devils.

"We ran a lot together this winter," said freshman Marta McLaughlin. "We kind of race ourselves into shape in the dual meets and invitationals. Everyone is getting excited about racing."

McLaughlin is the defending Section VI champ in the 800. Senior Sarah Mars is another strong 800 runner. Juniors Paige Anderson and Sarah Anstett are currently ranked 1-2 in WNY in the 3,000. First-year runner freshman Rebecca Vee is being groomed for the 4x400. The Blue Devils will be competing in the Falconer Invitational on Friday.

Williamsville East has a three-some worth watching. Junior Kala Allen is the defending state champion and WNY record holder in the 400 meters (54.61). This year she's chasing the school record in the 800. Junior Sarah Spitznogle is closing in on the school record in the 400 hurdles and Catherine Niederpreum, a sophomore transfer from Sacred Heart, will lead the Flames in the distances.

Lancaster has another thrower with the initials M.K. and she looks like a good one. No, not Melissa Kurzdorfer, but freshman McKenzie Kuehlewind. During indoor, she was runner-up at sectionals and sixth in the state in the shot.

Eden will count on the speed of Catherine Mammoser and Gabby Villar in the 100, 200 and 4x100 as well as the contributions of Anna King in the 4x100 and long jump.

Junior Taylor Bates of Lake Shore is the school-record holder in the pole vault at 11 feet, 3 inches. She was sixth in the state indoors. Junior Summer Weinheimier excels in the 100 hurdles, triple jump and the 200. She hopes to break her sister Lauren's 2002 record of 25.98 in the 200.

Olean expects a big year from senior Summer Sawaya, who went to states last year in the 400 hurdles. Sam Huselstein specializes in the pole vault, long jump and joined Sawaya on the 4x400 relay that competed at the recent indoor states.

Jamestown senior Danielle Anderson is the defending Section VI champion in the high jump, clearing a personal best of 5-6. Sophomore Cienna Simon is a transfer student from Falconer where she qualified for last year's states in the Division II 100 hurdles. This year she'll face Division I competition. Junior Olivia Sinatra broke the school indoor record in the pole vault, clearing 9-9.

Hutch-Tech, with a very balanced team, is heavily favored to win its seventh consecutive Scalp and Blade title. Patricia Luko is the two-time All-High defending champion in the shot put and is a top triple jumper. Anchelle Berrios-Irizarry, a cross country All-High runner, leads a pack of young distance runners. All three Tech relays have a chance to win at the All-High meet.

The league features the Rivera twin sisters at da Vinci: Ana and Sara. Ana ran a 5:14.0 in the 1,500 on Monday to break the Scalp and Blade record of 5:15 held by Daisy Peoples of Hutch-Tech since 2005.

Andrea Marion from Riverside is among the better sprinters in the Section in the 100.

Buffalo Arts has a pair of sisters who will stand out in the field events, Shaniece Cathey (long jump) and Iana Cathey (shot put).

The defending All-High champions are Marion of Riverside (100), Ana Rivera of da Vinci (800), Hannah Durand of Hutch-Tech (1500) and Luko of Hutch-Tech (shot put).

Junior Sarah Loud of Williamsville North is a two-time state competitor in the 400 hurdles. So far her 1:06.45 leads WNY.

Megan Williams and Keyona Dandy should win their share of hurdle races for Cheektowaga.

## **WNY track schedule**

---

Friday: Rodiek Relays at Hamburg

Friday: Golden Falcon Invitational at Falconer

Saturday: Hornell Invitational

Saturday: Pioneer Invitational

Saturday: Panther Relays at Sweet Home

May 13: Falcon Invitational at Frontier

May 13: Paterniti Memorial at Jamestown

May 14: Starpoint Spartan Challenge

May 14: Niagara-Wheatfield Falcon Invitational

May 16: Boys All-Catholics (Day One) at St. Francis

May 17: Girls All Catholics at Canisius' Stransky Complex, West Seneca

May 18: Boys All Catholics (Day Two), Stransky Complex, West Seneca

May 19: Niagara-Orleans Meet at Roy-Hart

May 21: Carl Roesch Classic at Clarence

May 21: WNY Girls Classic at Lancaster

May 21: Kenmore Invitational at Crosby Field

May 24-25: All-High Championships at All High

May 25-26: Niagara Frontier Championships at Lew-Port

May 27-28: ECIC Championships at Pioneer

May 27-28: CCAA League Championships at Randolph

June 3-4: Section VI Championships at Jamestown

June 10-11: NYSPHSAA Championships at V-Cal-Mum

*NEXT WEEK: Boys track outlook.*

[mmonnin@buffnews.com](mailto:mmonnin@buffnews.com)