

**John F. Kennedy Bears-Lady Bears
Early-Bird Track Classic
Meet Records**

Team Champions - Boys

Lancaster – Large School	2007
Depew - Small School	2007
St. Francis	2006
Lancaster	2005
Edison Tech	2004
Canisius	2003
Frontier	2002
Hamburg	2001
Hamburg	2000

Meet Records - Boys

100 Meters	Anthony Johnson	Kenmore East	10.94	'07
200 Meters	Chris Ewell	Iroquois	22.70	'04
400 Meters	Joe Greene	Edison Tech	50.32	'04
800 Meters	Josh Durkin	Lancaster	1:59.02	'06
1600 Meters	Andrew Pfeiffer	Clarence	4:29.14	'07
3200 Meters	Joe Whalen	Hamburg	9:50.79	'07
110 Meter High Hurdles	Terrell Gissendanner	Edison Tech	14.28	'04
400 Intermediate Hurdles	Rob Skidmore	Alexander	54.97	'04
3000 Meter Steeplechase	Joe Whalen	Hamburg	9:41.26	'07
400 Meter Relay	Daniel Harris, Nate Alston P.J. Miller, Michael Nabors	Edison Tech	44.80	'04
	Chris Schaefer, Tim Daniels Eric Eldridge, Franseau Richards	Rush-Henrietta	44.80	'06
1600 Meter Relay	Joe Greene, Terrell Gissendanner Dennis Jemison, John Simmons	Edison Tech	3:26.83	'04
3200 Meter Relay	Mike Plis, Casey Perdziak John Inzina, Andrew Pfeiffer	Clarence	8:11.76	'07
Long Jump	Cameron Spivey	Lancaster	21' 1 ½	'05
Triple Jump	Dennis Jemison	Edison Tech	44' 11	'04
High Jump	Jonah Whipple	Rush-Henrietta	6' 6	'06
Pole Vault	Chris Centrich	Hamburg	14' 0	'01
Shot put	Rob Golabek	Frontier	55' 11 ½	'07
Discus	Brent Titus	St. Francis	169' 11	'05
Pentathlon	Tom Diegelman	Clarence	3,068 Pts.	'04

**John F. Kennedy Bears-Lady Bears
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Meet Records**

Team Champions - Girls

West Seneca West – Large School	2007
Iroquois – Small School	2007
Rush-Henrietta	2006
North Tonawanda	2005
Edison Tech	2004
West Seneca West	2003
West Seneca West	2002
West Seneca West	2001
West Seneca West	2000

Meet Records - Girls

100 Meters	Natalie Fildes	West Seneca East	12.52	'06
200 Meters	Quante Harris	Edison Tech	25.61	'04
400 Meters	Jackie Burns	North Tonawanda	59.80	'07
800 Meters	Christine Sprehe	Orchard Park	2:20.98	'06
1500 Meters	Leanne Skrabacz	West Seneca East	4:54.78	'06
1500 Meter Race Walk	Miranda Melville	Rush-Henrietta	7:59.85	'07
3000 Meters	Amanda Solly	West Seneca East	10:37.78	'06
100 Meter High Hurdles	Alyssa Hasan	Williamsville South	14.74	'04
400 Intermediate Hurdles	Gina Adornetto	Clarence	1:07.09	'06
2000 Meter Steeplechase	Leanna Skrabacz	West Seneca East	7:25.29	'06
400 Meter Relay	Morgan Billi, Nicole Castilloux Kelsey Randall, Jillian O'Brien	West Seneca West	50.15	'07
1600 Meter Relay	Val Rosart, Bridgett Montesanti Jackie Burns, Casey Green	North Tonawanda	4:11.41	'07
3200 Meter Relay	Laurea Varble, Nicole Varble Jamie Varble, Jesse Wooten	Rush-Henrietta	9:47.25	'06
Long Jump	Mary Saxer	Lancaster	19' 4 ¼	'05
Triple Jump	Gabrielle Boley	Brockport	36' 3 ¼	'05
High Jump	Jackie Majka	Depew	5' 4	'06
Pole Vault	Heather Brough	West Seneca West	9' 6	'00
Shot put	Melissa Kurzdorfer	Lancaster	43' 5	'07
Discus	Melissa Kurzdorfer	Lancaster	124' 3	'07
Pentathlon	Lindsay Nedimyer	Orchard Park	2,569 Pts.	'03