

14th West Seneca

Cross Country

INVITATIONAL & RACE INFORMATION

PRINT THIS OUT AND BRING WITH YOU!!!

**PLEASE keep in mind that Pete Szymanski and I have attempted to think of everything. We hope to have everything running smoothly...but please be patient and bear with us. If you have anything to add that can benefit everyone...please let us know.

Coaches Meeting

We will have a very brief coaches meeting at 9:15 AM near the garage (it's the only one there). Please be prompt. This will be a Q&A session essentially and any last minute information.

Event Organization

Please print copies of the colored map attached to this email. We will have a few extra copies on hand on race day but not enough for everyone. The course is not difficult to maneuver. The park can be accessed at 4:45 PM on Friday for anyone wishing to meet there to go over the course.

We are assigning numbers. Our finish line staff will pull the tags from these numbers. You will receive your number bibs, scorecards, and pins in your packets and the athletes will receive place cards as well after they cross the finish in the chute. PLEASE TELL THEM NOT TO LOSE THOSE CARDS! Scorecards and place cards must be turned in ASAP (to the garage) following your team's race. PLEASE PRINT CLEARLY!!! They will be used to verify the team scores as a back up.

Trevor White and his "team" will handle the scoring of all races. You know you'll be in good hands. Results will be posted as the day progresses. We will discuss where the results are to be posted at our coaches meeting.

Runners will be receiving their individual awards at the end of the finish chute EXCEPT for the top ten finishers in each of the Varsity races. These competitors will be recognized at the awards ceremony. We will also address the fastest boy and girl of the day, as well as any course record setters, and team awards at the ceremony following the final race. PLEASE do not leave until your deserving student athlete has been recognized.

The JV races will be rather large and may take a bit longer than expected. We will begin the next race ideally within 5 minutes of the conclusion of the previous race. Please be sure your competitors are ready.

Jewelry, uniform, and electronics rules are in effect...please remind your athletes.

ATHLETES MUST REMAIN OFF THE COURSE DURING ANY RACE!!! Interference will not be tolerated and the officials and meet management have been instructed to disqualify any athletes in violation. Please arrive early to jog/walk the course.

An athletic trainer, Lisa Stonebraker, will be on site from approximately 9:30 AM to 1 PM.

Please set up all team tents in the rear of the concession garage. Tennis courts will also be available for teams. The area between the soccer nets on the soccer field may also be available.

Parking

Busses will park to the right in the lot on the park grounds on a first come basis. There will be additional parking at the facility in the rear of the park. We will have at least two supervisors helping with that. Please tell any spectators to get there early for parking on adjacent streets or in the parking lot.

Concessions

Pizza, coffee, and hot chocolate as well as an assortment of snacks will be available for purchase. Coaches will be allowed a drink and a slice of pizza compliments of our program. There will be a ticket in your packet for these refreshments.

T-shirts produced by Winged Foot will also be on sale for \$13. There are only 200 being sold...and they look sharp.

General Information

Vandalism of our district's property or the town of West Seneca's property will not be tolerated. PLEASE KEEP YOUR TEAM AREAS AS CLEAN AS

POSSIBLE AND BRING A GARBAGE BAG(S) TO HELP YOURSELVES COLLECT ALL TRASH. Please be respectful of our event and our town.

Runner's Roost will be on site and Dave Borodzick will be offering a \$50 gift certificate to the winning boy or girl who also sets a new invitational record.

Bill Wende of Section6Runs.com will be on hand to cover our invite as well as other media outlets. Again, please be respectful...we are grateful to them for their support and patronage as well.

Results will be sent to and hopefully posted on the following media outlets:

www.Section6Runs.com
www.section6.wnyric.org
www.tullyrunners.com
www.armoryfoundation.org
www.dyestat.com
www.buffalonews.com (and newspaper)

Varsity and JV results will be posted promptly throughout the weekend online and in the buffalo News (News will limit results, online sites will not). Please contact us for any other results information.

The awards ceremony will take place approximately as early as 1:15 PM near one of the pavilions to be named at the coaches meeting. Please be present to honor the recipients especially if your team or individuals are recognized.

Please do not bring any payment to the competition this Saturday. Instead, just post mail it as soon as possible to our Athletic Office. All of that information can be found on the intent to participate form attached to our original competition information document.

BOYS West Seneca Invitational 5 Kilometer Course Record:

Scott Longwell - Pittsford Sutherland (N.Y.S. Section 5) - **16:29.9h**
set 9/15/07 in the Boy's Large School Race

GIRLS West Seneca Invitational 5 Kilometer Course Record:

Amanda Solly - West Seneca East (N.Y.S. Section 6) - **18:25.6h**
set 9/15/07 in the Girl's Large School Race

2008 RACE ASSIGNMENTS

Varsity teams must line up in the order below for all races with the first team closest to the base/softball diamond. Please fill in any voids from teams that are not participating in a particular race. Positions were chosen randomly. There will be no assigned positions for the JV races.

All teams are Section 6 unless other noted.

<u>Division 1</u>	<u>Division 2</u>
1. Grand Island	1. East Aurora
2. Williamsville East	2. Our Lady of Mercy (Section 5)
3. Iroquois	3. Alden
4. Orchard Park	4. Barker
5. Clarence	5. Bishop Timon-St. Jude
6. Hamburg	6. da Vinci
7. Williamsville North	7. John F. Kennedy
8. Sweet Home	8. Immaculata
9. West Seneca West	9. Medina
10. St. Francis	10. Depew
11. Frontier	11. Mt. Mercy
12. Rush-Henrietta (Section 5)	12. Springville G.I.
13. Kenmore East	13. Aquinas (Section 5)
14. Williamsville South	14. Eden
15. Lake Shore	15. Lewiston Porter
16. Lancaster	16. Amherst
17. West Seneca East	17. Nichols
18. Kenmore West	18. St. Mary's of Lancaster
19. Starpoint	19. Cleveland Hill
20. St. Joseph's	20. Akron
	21. Buffalo Academy of Science Charter

We'd also like to take this opportunity to thank the following people/organizations:

- **The West Seneca School-Community (Town, District, people)**
- **Runner's Roost**
- **Winged Foot Athletics (T-shirts)**

- **Trevor White (Scoring & Event Management)**
- **Suzette Luongo (Concessions Manager)**

