

JFK Early Bird Invitational

JFK High School

Saturday, April 14, 2007

DIVISION I GIRLS TEAM RESULTS

West Seneca West - 167	Lake Shore - 26	Grand Island - 8
*Rush-Henrietta - 104	Clarence - 26	Jamestown - 1
North Tonawanda - 70	Orchard Park - 26	
West Seneca East - 60	Hamburg - 21	
Lockport - 50	Frontier - 17	
Lancaster - 29	*Brockport - 15	

* Section 5 school

DIVISION I GIRLS INDIVIDUAL RESULTS

Events	Athletes	School	Performance
100m	Jillian O'Brien	West Seneca West	12.73
	Dominique Richardson	Rush-Henrietta	13.22
	Crystal Hercules	Rush-Henrietta	13.38
200m	Nicole Castilloux	West Seneca West	26.27
	Casey Green	North Tonawanda	26.73
	Crystal Hercules	Rush-Henrietta	28.32
400m	Jackie Burns	North Tonawanda	59.8**
	Laura Varble	Rush-Henrietta	1:01.88
	Casey Green	North Tonawanda	1:02.82
800m	Jamie Varble	Rush-Henrietta	2:29.71
	Caroline Tolli	Lockport	2:30.44
	Jackie Cintron	West Seneca West	2:31.57
1500m	Leanne Skrabacz	West Seneca East	5:09.53
	Emily Sullivan	West Seneca West	5:10.47
	Emily Smith	Orchard Park	5:16.55
3000m	Amanda Solly	West Seneca East	10:51.01
	Vicky Luongo	West Seneca West	11:02.91
	Kelsie Tangelder	West Seneca West	11:58.91
1500m Racewalk	Miranda Melville	Rush-Henrietta	7:59.85**
	Melissa Szymanowski	West Seneca West	8:27.05
	Sarah Wilcox	Rush-Henrietta	8:34.09
100m Hurdles	Samantha Tomczak	West Seneca West	16.79
	Stephanie Smiglers	West Seneca East	17.37
	Elizabeth Michaels	Hamburg	17.98

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400m Hurdles	Monica Martin	Orchard Park	1:10.63
	Valerie Rosart	North Tonawanda	1:11.61
	Amber Gartung	Brockport	1:15.43
2000m Steeplechase	Leanne Skrabacz	West Seneca East	7:34.23
	Alexandra Denzel	West Seneca West	8:50.49
	Mikelle Cala	Lake Shore	8:52.45
4x100m Relay		West Seneca West	50.15**
		Rush-Henrietta	52.69
		Lockport	52.79
4x400m Relay		North Tonawanda	4:11.41**
		Rush-Henrietta	4:12.14
		West Seneca West	4:30.05
4x800m Relay		North Tonawanda	10:15.82
		West Seneca West	10:22.01
		Clarence	10:33.36
High Jump	Eva Riddick	Rush-Henrietta	5' 0"
	Sara Lawson	West Seneca East	4' 10"
	Alexandara Billi	West Seneca West	4' 8"
Pole Vault	Katie Kaiser	Clarence	8' 6"
	Melissa Yap	Hamburg	8' 6"
	Becky Fabbiano	Lockport	7' 6"
Long Jump	Nicolle Castilloux	West Seneca West	17' 8-1/2"
	Morgan Billi	West Seneca West	16' 9"
	Eva Riddick	Rush-Henrietta	16' 5-1/2"

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Triple Jump	Morgan Billi	West Seneca West	35' 7-1/2"
	Dominique Richardson	Rush-Henrietta	33' 9"
	Kaleigh Bemisderfer	North Tonawanda	32' 2-1/2"
Shot Put	Melissa Kurzdorfer	Lancaster	43' 5"***
	Erin Miller	Lockport	34' 0"
	Kara Mayer	Frontier	32' 11"
Discus	Melissa Kurzdorfer	Lancaster	124' 3"***
	Amanda Major	West Seneca West	112' 1"
	Erin Miller	Lockport	92' 10"
Pentathlon	Lauren Lewis	West Seneca West	2,436
	Ashley Gadowski	Lake Shore	2,267
	Amanda Campbell	Lockport	2,064

*** indicates meet record